In the passage “social Interaction” the author talk about how social Interaction benefits and affect people in different way. The author stated that socializing improve people mental health. Also when you socializing can help you improve your minds. However the author highligth that people that not socialized can affect their Physical health.

According to the passage the author said that be socializing can help you or improve your mental health. This means that you can has a different thinking about the people. I agree with this because I think that when people socialized can have a positive out look about the life. For example when you are talking with some one you learn something new and see different experience of people. Also you don’t feel alone when you are outside or in home. I connect this to my life because when I come to the United States I feel alone because I don’t have Friend to go out or talk. After some month I met some Friend, when I met then I was Feeling so good because I look the US like a cuntry that you has to be along with out of Friend. But after that I have a different view about United Stated.

In addiction the author clarified that people that not realize social interaction affect their physical health. This means that when people don’t like to socialized with other people affect their Physical heath. I agree with this statement because the people that don’t like to socilized look boreng and angry. Also when you interacting with Frien or Family you Feel good but people don’t like have people around him. This connect to my life because In my contry Dominican Republic you see the people and everyone know every people in the city. But when I went to New York I see that everyone want to be in their house, here in NY most of the people don’t like to have friend or knew New people they always look like they are angry or don’t want to talk to you.

In conclusion social Interaction has positive aspects for some people or negative aspets. But people show have to know that we need to have time four everything.